

It's time for change!

G.O.A.L.S.
SETTING



Shine with Frannie

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You can do it



G

GO TO GOD & GET CLEAR

O

OUTLINE THE OUTCOME

A

ALIGN YOUR MIND

L

LET GO OF L.I.E.S.

- LIMITATIONS
- INTIMIDATIONS
- EXCUSES
- SELF-SABOTAGE

S

START!

CONSIDER SETTING GOALS IN THE FOLLOWING AREAS:

1. SPIRITUAL
2. RELATIONSHIPS
3. PHYSICAL
4. SOCIAL
5. INTELLECTUAL
6. FINANCIAL
7. CAREER

IT'S YOUR TIME TO SHINE!

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1

I...
SPEAK AS IF YOU'VE COMPLETED YOUR GOALS!

2

I WILL ACHIEVE THIS BY...
INCLUDE ACTION STEPS

3

I MIGHT NEED A LITTLE HELP WITH...

4

I KNOW I CAN COMPLETE THIS BY...

**NEED SOME HELP ARCHITECTING YOUR PLAN?
LET'S CHAT. EMAIL ME
FRANNIE@SHINEWITHFRANNIE.COM**



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